

Curry

1

Katsu Chicken	£13.95	Grilled Chicken Gf	£12.95
Chicken in Japanese breadcrumbs.		Grilled, seasoned chicken breast.	
Katsu Pork	£13.95	Pork Loin Gf	£12.95
Pork in Japanese breadcrumbs.		Grilled, tender, pork loin.	
Katsu Fish	£13.95	Seafood Gf	£13.95
Fish in Japanese breadcrumbs.		Grilled king prawns and squid.	
Pulled Pork	£12.95	Mushroom and Tofu Gf Ve	£12.95
Slow-cooked, marinated, pulled pork.		Seasoned mushroom and tofu.	
Roast Duck Gf	£14.45		
Sliced, traditional, crispy, roast duck.			

2



Gf

Thai Green Curry
A spicy, creamy, green curry made with coriander and lemongrass.



Ve

Chinese Curry
A milder, classic curry. Similar to katsu curry in taste.



Gf

Thai Red Curry
A spicy, creamy, red curry made with red chilli and bamboo shoot.

3

STEAMED RICE

OR

COCONUT RICE

Sides

Steamed Rice	£2.95
Coconut Rice	£3.95
Egg Fried Rice (contains egg)	£4.95
Spicy Rice (contains egg)	£5.95
Vegetable Rice (contains egg)	£5.95
Plain Noodles (any noodle, any style)	£6.95
Thai Mixed Salad	£5.95
Thai Red/Green/Chinese Curry Sauce	£4.50
Soup Side (any soup)	£3.50
Fries	£3.50
Sweet Potato Fries	£4.50
Toppings: (Chicken Katsu - Katsu Pork - Pulled Pork - Grilled Chicken - Pork Loin)	£7.95
Seafood - Roast Duck	£8.95
Mushroom and Tofu	£5.95



Fancy something sweet?

Bournemouth's own SANCHA cookies are now available to take away! Artisanal bakes, handmade in the heart of Southbourne.

SANCHA Variety Box (4 Cookies) - £7.50

SANCHA Premium Crumble Cookie - £4.50

Ask staff for today's available flavours and thank you for supporting local!

@sanchabomo



noodlebar



Tag us for your chance to win free noodles!!

@noodlebarbournemouth

Starters

Peking BBQ Ribs

4 sweet and sticky peking style glazed ribs.

£6.95

Thai Crackers 🥵

A basket of Thai-spiced crackers served with a sweet chilli dip.

£3.50

Mandarin Prawns

Crispy prawns with a sweet and tangy sauce.

£8.95

Stir-fried Chinese Vegetables 🍌🌿

Chinese leaf stir-fried with your choice of either garlic or oyster sauce.

£5.95

Edamame Beans 🍌🌿

Steamed edamame beans seasoned with fresh sea salt.

£3.95

Grilled Dumplings

5 dumplings stuffed with ground pork, fresh ginger and garlic.

£6.95

Grilled Chicken Wings

4 char-grilled chicken wings with a tasty dip of your choice:

£6.95

Chicken Satay Skewers 🍌🥵

4 char-grilled chicken skewers served with a sweet, peanut, satay sauce.

£7.95

Vegetable Spring Rolls 🌿

7 crispy, deep-fried spring rolls stuffed with stir-fried vegetables.

£4.95

- Teriyaki
- Sweet Chilli
- BBQ
- Honey

New!!

Salt 'n' Pepper 🥵

The original Noodlebar house special and year-round best seller. Salty, spicy, incredibly delicious. Now available in more flavours than ever as part of our new starter menu!

Salt 'n' Pepper Squid 🍌

£7.95

Salt 'n' Pepper Chicken 🍌

£6.95

Salt 'n' Pepper Prawns 🍌

£8.95

Salt 'n' Pepper Katsu Pork

£7.95

Salt 'n' Pepper Wings 🍌

£6.95

Salt 'n' Pepper Katsu Chicken

£7.95

Salt 'n' Pepper Ribs 🍌

£7.95

Salt 'n' Pepper Tofu 🌿

£6.95

Ve Vegetarian

P Contains peanuts

Gf Gluten Free

🥵 Spice Level



Noodles

1

Katsu Chicken

Chicken in Japanese breadcrumbs.

£13.95

Grilled Chicken 🍌

Grilled, seasoned chicken breast.

£12.95

Katsu Pork

Pork in Japanese breadcrumbs.

£13.95

Pork Loin 🍌

Grilled, tender, pork loin.

£12.95

Katsu Fish

Fish in Japanese breadcrumbs.

£13.95

Seafood 🍌

Grilled king prawns and squid.

£13.95

Pulled Pork

Slow-cooked, marinated, pulled pork.

£12.95

Mushroom and Tofu 🍌🌿

Seasoned mushroom and tofu.

£12.95

Roast Duck 🍌

Sliced, traditional, crispy, roast duck.

£14.45

2



Thin Egg

Classic and chewy thin, egg noodles.



Thick Egg

Classic and chewy thick, egg noodles.



Vermicelli

Thin and tender rice noodles.



Udon

Thick and chewy, Japanese noodles.



Glass

Deliciously healthy rice noodles.



Japanese Ramen

Thicker Japanese style egg ramen.



Pad Thai

Tasty ribbons of Thai style noodles.



Instant Ramen

Noodles with a chewy bite.

3

Stir Fry

Plain Stir Fry 🌿

Spicy Stir Fry 🌿🥵🥵🥵

Lime & Chilli 🌿🥵🥵

Satay Stir Fry 🍌

Tom Yum Stir Fry 🥵

Sweet Chilli 🌿🥵

BBQ Stir Fry 🌿

Soup

Oriental Soup 🌿

Spicy Soup 🌿🥵🥵🥵

Tom Yum Soup 🥵🥵🥵

Tom Kha Soup 🥵🥵

Additional Info

Although all precautions are taken within our kitchen, we cannot guarantee that all of our dishes are completely free of any allergens. Our products may therefore contain: gluten, egg, dairy, soy, nuts (including peanuts), fish or shellfish.

Please note that tables of 6 or more will automatically include an optional service charge of 10%. This amount is split equally among all staff members. Thank you for your understanding. SANCHAs cookies are not included in promos.